

Group	Pos All	Pos Cat	No	Cat	First Name	Last Name	Time	Category
ALL Women	1	1	200	SW	Marzahn	Theart	03.39.06	Senior Women
	2	2	168	SW	Catherine	Pellow-Jarman	03.48.30	Senior Women
	3	1	140	VW	Martha	Koekemoer	03.50.57	Veteran Women
	4	1	414	SX	Maretha	Combrink	03.58.43	Sub Vet Women
	5	2	143	SX	Annemie	Kruger	04.04.29	Sub Vet Women
	6	2	145	VW	Junita	Kruger	04.05.32	Veteran Women
	7	1	184	MW	Desiree	Strydom	04.07.49	Master Women
	8	3	236	VW	Andrea	Turkovic	04.12.35	Veteran Women
	9	4	210	VW	Jeanette	Kruger-Hibbins	04.13.02	Veteran Women
	10	5	177	VW	Lani	Schenck Mostert	04.20.17	Veteran Women
	11	6	151	VW	Nicola	Laubscher	04.21.56	Veteran Women
	12	3	465	SX	Alana	Van Eeden	04.25.30	Sub Vet Women
	13	7	212	VW	Roelien	Lourens	04.25.33	Veteran Women
	14	4	534	SX	Martine	Kriel	04.25.54	Sub Vet Women
	15	5	132	SX	Chanel	Hannah Fourie	04.28.44	Sub Vet Women
	16	2	409	MW	Sharlene	Brink	04.30.22	Master Women
	17	1	213	GW	Jean	Reynolds	04.39.20	Gr Master Women
	18	3	233	MW	Ronel	Venter	04.39.22	Master Women
	19	4	231	MW	Corne	Van Graan	04.40.23	Master Women
	20	5	589	MW	Liefie	Van Wyk	04.41.22	Master Women
	21	8	581	VW	Shanida	Labuschagne	04.42.11	Veteran Women
	22	6	369	SX	Kim	Van Deventer	04.43.37	Sub Vet Women
	23	9	667	VW	Ina	Rousseau	04.43.52	Veteran Women
	24	6	653	MW	Marietha	Maritz	04.44.42	Master Women
	25	7	339	MW	Hannelie	Muller	04.45.43	Master Women
	26	7	190	SX	Suzaan	Van Biljon	04.49.44	Sub Vet Women
	27	8	176	SX	Madelief	Roux	04.49.45	Sub Vet Women
	28	10	375	VW	Liza	Vivier	04.51.20	Veteran Women
	29	3	568	SW	Solane	Stephens	04.52.06	Senior Women
	30	9	368	SX	Hesmari	Van Deventer	04.55.54	Sub Vet Women
	31	11	228	VW	Carol	Theron	05.00.16	Veteran Women
	32	8	206	MW	Louzanne	Cilliers	05.00.17	Master Women
	33	12	129	VW	Elani	Greyvenstein	05.02.40	Veteran Women
	34	10	605	SX	Maryke	Bartmann	05.06.33	Sub Vet Women
	35	13	215	VW	Desere	Ribbens	05.06.55	Veteran Women
	36	11	649	SX	Karen	Lottering	05.07.13	Sub Vet Women
	37	4	312	SW	Suzanne	Dixon	05.09.47	Senior Women
	38	14	359	VW	Louise	Swart	05.09.49	Veteran Women
	39	9	603	MW	Marianne	Badenhorst	05.09.50	Master Women
	40	15	149	VW	Annette	Lategan	05.11.47	Veteran Women
	41	12	561	SX	Ina-Marie	Prinsloo	05.12.21	Sub Vet Women

Group	Pos All	Pos Cat	No	Cat	First Name	Last Name	Time	Category
	42	2	316	GW	Lucrecia	Geldenhuis	05.12.39	Gr Master Women
	43	13	602	SX	Charmaine	Avenant	05.14.09	Sub Vet Women
	44	3	657	GW	Gerda	Mouton	05.15.25	Gr Master Women
	45	16	636	VW	Karen	Keet	05.16.40	Veteran Women
	46	17	669	VW	Liezl	Siebrits	05.16.41	Veteran Women
	47	10	514	MW	Martha	Du Plessis	05.17.10	Master Women
	48	18	577	VW	Mariska	Van Zyl	05.18.02	Veteran Women
	49	19	571	VW	Franette	Van Der Walt	05.19.19	Veteran Women
	50	11	445	MW	Venetia	Landman	05.22.12	Master Women
	51	14	301	SX	Amalia	Aracena	05.22.16	Sub Vet Women
	52	20	635	VW	Rene	Janse Van Rensburg	05.25.25	Veteran Women
	53	15	363	SX	Elzanne	Van Der Linde	05.28.24	Sub Vet Women
	54	16	508	SX	Jolande	Carstens	05.38.13	Sub Vet Women
	55	21	106	VW	Belinda	Bosch	05.39.17	Veteran Women
	56	22	429	VW	Lindi	Harmsen	05.43.11	Veteran Women
	57	17	442	SX	Irene	Kraft	05.43.13	Sub Vet Women
	58	18	564	SX	Christel	Smit	05.43.49	Sub Vet Women
	59	12	520	MW	Teresa	Erasmus	05.49.33	Master Women
	60	4	555	GW	Bridget	O'Meara	05.49.52	Gr Master Women
	61	5	532	GW	Hans	King	05.49.53	Gr Master Women
	62	6	220	GW	Jennifer	Stekhoven	05.52.05	Gr Master Women
	63	5	136	SW	Carla	Jooste	05.54.11	Senior Women
	64	13	209	MW	Sariana	Dykman	06.01.45	Master Women
	65	7	424	GW	Marinda	Gelderblom	06.12.47	Gr Master Women
	66	14	608	MW	Merina	Beukes	06.28.51	Master Women
	67	15	110	MW	Linda	Burger	06.33.54	Master Women
	68	19	678	SX	Lune	Van Coller	06.40.37	Sub Vet Women
	69	16	620	MW	Desiree	Doran	06.44.59	Master Women
	70	20	692	SX	Astrid	Zsilavec	06.57.58	Sub Vet Women
	71	6	611	SW	Jordan	Blaker	06.57.59	Senior Women
	72	21	372	SX	Marlize	Van Zyl	07.38.16	Sub Vet Women
Group	Pos All	Pos Cat	No	Cat	First Name	Last Name	Time	Category
ALL Men	1	1	230	SV	Theuns	Van Der Bank	03.12.07	Sub Vet Men
	2	1	100	VM	David	Garrett	03.15.25	Veteran Men
	3	2	185	VM	Andreas	Studer	03.15.26	Veteran Men
	4	1	223	SM	Luca	Stermin	03.21.45	Senior Men
	5	3	163	VM	Alan	Mcbride	03.25.20	Veteran Men
	6	4	218	VM	J N	Smit	03.25.20	Veteran Men
	7	1	135	MM	Karl	Jansen Van Rensburg	03.25.21	Master Men
	8	5	588	VM	Jan	Goosen	03.26.55	Veteran Men
	9	2	593	SM	Sebastian	Strauss	03.27.03	Senior Men

Group	Pos All	Pos Cat	No	Cat	First Name	Last Name	Time	Category
	10	2	224	MM	Riccardo	Stermin	03.31.47	Master Men
	11	6	123	VM	Willem	Du Toit	03.32.15	Veteran Men
	12	3	180	MM	Riaan	Smit	03.38.56	Master Men
	13	7	175	VM	Fietie	Rocher	03.38.57	Veteran Men
	14	8	111	VM	Jacques	Carstens	03.38.58	Veteran Men
	15	9	112	VM	Marius	Carstens	03.38.58	Veteran Men
	16	2	115	SV	Andrew	Coetzee	03.38.58	Sub Vet Men
	17	4	182	MM	Stef	Stephan	03.46.52	Master Men
	18	3	216	SV	Sebastian	Rosochacki	03.46.56	Sub Vet Men
	19	10	197	VM	Stefan	Van Wyk	03.47.51	Veteran Men
	20	11	122	VM	Riaan	Du Toit	03.48.30	Veteran Men
	21	12	178	VM	Doron	Shmaryahu	03.48.31	Veteran Men
	22	13	139	VM	Arno	Kock	03.48.31	Veteran Men
	23	3	181	SM	Tiaan	Steenkamp	03.49.24	Senior Men
	24	5	141	MM	Pieter	Kotze	03.50.58	Master Men
	25	14	546	VM	Daniel	Meintjes	03.52.56	Veteran Men
	26	4	512	SV	Daniël	Dempers	03.54.17	Sub Vet Men
	27	5	133	SV	Stephan	Hertz	03.54.32	Sub Vet Men
	28	1	578	GM	Billy	Zwiegers	03.55.26	Gr Master Men
	29	6	569	MM	Christo	Truter	03.55.28	Master Men
	30	15	529	VM	Hanno	Jordaan	03.55.32	Veteran Men
	31	16	349	VM	Le Roux	Rossouw	03.55.50	Veteran Men
	32	4	238	SM	Lorenzo	Koopman	03.56.20	Senior Men
	33	7	447	MM	Heine	Mathee	03.56.29	Master Men
	34	6	113	SV	Wiaan	Carstens	03.57.49	Sub Vet Men
	35	8	191	MM	Carlof	Van Der Merwe	03.57.51	Master Men
	36	7	413	SV	Riaan	Combrinck	03.58.43	Sub Vet Men
	37	8	157	SV	David	Marais	04.00.14	Sub Vet Men
	38	17	179	VM	Francois	Siebrits	04.00.25	Veteran Men
	39	9	161	MM	Jurie	Mathee	04.01.28	Master Men
	40	5	188	SM	Matthew	Turner	04.02.57	Senior Men
	41	18	148	VM	Roy	Laing	04.02.57	Veteran Men
	42	2	235	GM	Brian	Ireland	04.03.28	Gr Master Men
	43	3	596	GM	Carlo	Miari-Fulus	04.03.54	Gr Master Men
	44	19	365	VM	Jaco	Van Der Merwe	04.04.59	Veteran Men
	45	10	330	MM	Jaco	Liebenberg	04.05.00	Master Men
	46	20	144	VM	Gerhard	Kruger	04.05.31	Veteran Men
	47	21	211	VM	Paul	Larson	04.05.34	Veteran Men
	48	22	517	VM	Johan	Elliott	04.08.01	Veteran Men
	49	4	117	GM	Guy	De Cafmeyer	04.08.55	Gr Master Men
	50	9	591	SV	Jurgens	Brand	04.10.31	Sub Vet Men

Group	Pos All	Pos Cat	No	Cat	First Name	Last Name	Time	Category
	51	11	217	MM	Trevor	Seinen	04.12.11	Master Men
	52	23	207	VM	John	De Bruyn	04.12.12	Veteran Men
	53	6	134	SM	Johann	Heynemann	04.13.00	Junior Men
	54	10	457	SV	Walter	Ritson	04.13.43	Sub Vet Men
	55	12	519	MM	Renier	Erasmus	04.13.47	Master Men
	56	7	527	SM	Ewan	Hickling	04.13.59	Senior Men
	57	13	547	MM	Rob	Meintjes	04.13.59	Master Men
	58	5	458	GM	Nigel	Shannon	04.14.16	Gr Master Men
	59	14	522	MM	Philip	Gutter	04.14.18	Master Men
	60	6	597	GM	Carl	Von During	04.14.21	Gr Master Men
	61	11	137	SV	Daan	Kemp	04.14.29	Sub Vet Men
	62	12	109	SV	Hendrik	Bruwer	04.14.30	Sub Vet Men
	63	7	314	GM	Duncan	Galloway	04.14.52	Gr Master Men
	64	15	506	MM	Mark	Button	04.14.52	Master Men
	65	16	479	MM	Malan	Wykerd	04.14.52	Master Men
	66	24	469	VM	Andre	Vancoillie	04.15.19	Veteran Men
	67	8	633	GM	Christiaan	Janse Van Rensburg	04.16.47	Gr Master Men
	68	17	501	MM	Jerry	Aries	04.16.51	Master Men
	69	13	559	SV	Matthew	Pretorius	04.17.58	Sub Vet Men
	70	14	590	SV	Andre	Serfontein	04.19.07	Sub Vet Men
	71	25	526	VM	Riaan	Hendrikse	04.19.09	Veteran Men
	72	9	580	GM	Mimmo	Cutino	04.19.10	Gr Master Men
	73	15	172	SV	Piet	Rex	04.19.17	Sub Vet Men
	74	18	187	MM	Fabrizio	Trentini	04.20.15	Master Men
	75	8	155	SM	Vincent	Louw	04.20.18	Senior Men
	76	19	410	MM	Lee	Canham	04.20.46	Master Men
	77	20	474	MM	Digby	Webb	04.20.47	Master Men
	78	21	127	MM	Kobus	Fortuin	04.21.53	Master Men
	79	22	183	MM	Jannie	Steyn	04.21.55	Master Men
	80	26	327	VM	Morne	Kruger	04.22.27	Veteran Men
	81	27	125	VM	Johann	Erasmus	04.22.40	Veteran Men
	82	28	162	VM	Hendrik	Matthews	04.23.14	Veteran Men
	83	29	114	VM	Jacques	Casteling	04.23.14	Veteran Men
	84	30	513	VM	Johann	Diener	04.23.25	Veteran Men
	85	10	373	GM	Banna	Van Der Merwe	04.23.47	Gr Master Men
	86	23	574	MM	Daniel	Van Graan	04.24.20	Master Men
	87	9	583	SM	Lourens	Du Plessis	04.24.22	
	88	31	108	VM	Jaco	Brand	04.24.48	Veteran Men
	89	32	128	VM	Charl	Fouche	04.24.49	Veteran Men
	90	33	562	VM	Willem	Rheeder	04.25.28	Veteran Men
	91	24	696	MM	Andre	Brand	04.26.20	Master Men

Group	Pos All	Pos Cat	No	Cat	First Name	Last Name	Time	Category
	92	25	699	MM	E P	Van Niekerk	04.26.23	Master Men
	93	16	371	SV	Hennis	Van Zyl	04.26.58	Sub Vet Men
	94	17	405	SV	Schalk	Bester	04.26.58	Sub Vet Men
	95	18	158	SV	Nico	Marais	04.27.15	Sub Vet Men
	96	19	152	SV	Pieter	Laubscher	04.27.18	Sub Vet Men
	97	34	170	VM	Andre	Potas	04.27.28	Veteran Men
	98	20	500	SV	Franswin	Adams	04.27.40	Sub Vet Men
	99	10	436	SM	Peter-John	Julies	04.27.40	Senior Men
	100	26	599	MM	Lyndon	Arendse	04.29.24	Master Men
	101	27	612	MM	Jaco	Bosman	04.29.46	Master Men
	102	28	505	MM	Tony	Buteux	04.30.21	Master Men
	103	29	408	MM	Roelof	Brink	04.30.23	Master Men
	104	21	341	SV	Charl	Mussmann	04.31.23	Sub Vet Men
	105	22	511	SV	Adriano	De Sousa	04.31.32	Sub Vet Men
	106	35	592	VM	Wouter	Strauss	04.31.38	Veteran Men
	107	23	131	SV	Petri	Hanekom	04.31.50	Sub Vet Men
	108	30	378	MM	Hermanus	Zandberg	04.32.52	Master Men
	109	31	540	MM	Martin	Lourens	04.33.11	Master Men
	110	36	352	VM	Wimpie	Rossouw	04.33.50	Veteran Men
	111	37	307	VM	Neil	Botha	04.33.54	Veteran Men
	112	38	509	VM	Matthew	Cooke	04.34.15	Veteran Men
	113	39	130	VM	Chris	Grobbelaar	04.34.48	Veteran Men
	114	24	164	SV	Erasmus	Mouton	04.34.50	Sub Vet Men
	115	32	193	MM	Elvin	Van Zyl	04.34.54	Master Men
	116	40	124	VM	Andre	Enslin	04.35.01	Veteran Men
	117	11	234	GM	Hennie	Wiid	04.35.10	Gr Master Men
	118	41	539	VM	Jacobus	Liebenberg	04.35.12	Veteran Men
	119	25	594	SV	Ben	La Grange	04.35.14	Sub Vet Men
	120	42	524	VM	Craig	Harris	04.36.16	Veteran Men
	121	26	461	SV	Petrus	Theart	04.36.17	Sub Vet Men
	122	12	533	GM	James	King	04.36.31	Gr Master Men
	123	33	318	MM	Christo	Hancke	04.37.25	Master Men
	124	43	423	VM	Jaen	Fouche	04.38.13	Veteran Men

Group	Pos All	Pos Cat	No	Cat	First Name	Last Name	Time	Category
	125	34	169	MM	Phillip	Pieters	04.38.47	Master Men
	126	35	229	MM	Colin	Van Aswegen	04.39.21	Master Men
	127	13	214	GM	Kenneth	Reynolds	04.39.23	Gr Master Men
	128	27	346	SV	Mannes	Nijeboer	04.40.01	Sub Vet Men
	129	11	584	SM	Joseph	Robane	04.40.04	
	130	36	166	MM	Mike	Nuttall	04.40.28	Master Men
	131	44	563	VM	Carel	Smit	04.40.32	Veteran Men
	132	28	333	SV	Carel	Ludeke	04.41.47	Sub Vet Men
	133	29	173	SV	Steve	Riley	04.42.10	Sub Vet Men
	134	14	554	GM	Loch	Nel	04.43.24	Gr Master Men
	135	37	543	MM	Carl	Malherbe	04.43.26	Master Men
	136	30	463	SV	Burger	Valentin	04.43.38	Sub Vet Men
	137	38	606	MM	Gavin	Beckett	04.44.28	Master Men
	138	31	675	SV	Theon	Smit	04.44.40	Sub Vet Men
	139	32	585	SV	Reinier	Drotskie	04.44.42	Sub Vet Men
	140	39	576	MM	Christiaan	Van Wyk	04.45.11	Master Men
	141	40	698	MM	Damian	De Villiers	04.45.12	Master Men
	142	45	460	VM	Graeme	Takis	04.45.37	Veteran Men
	143	41	325	MM	Fred	Kriel	04.45.38	Master Men
	144	46	313	VM	Jannie	Du Toit	04.45.40	Veteran Men
	145	15	695	GM	Petrus	Smidt	04.45.41	Gr Master Men
	146	42	340	MM	Johan	Muller	04.45.42	Master Men
	147	12	551	SM	Drikus	Muller	04.46.48	Senior Men
	148	16	638	GM	Richard	Key	04.47.43	Gr Master Men
	149	13	400	SM	Geandrie	Agenbag	04.49.00	Senior Men
	150	47	470	VM	Keith	Vienings	04.49.42	Veteran Men
	151	14	199	SM	Ruan	Koortzen	04.50.46	Senior Men
	152	43	198	MM	Gideon	Koortzen	04.50.47	Master Men
	153	17	446	GM	Bruce	Macdonald	04.50.51	Gr Master Men
	154	18	502	GM	Pieter	Bezuidenhout	04.50.55	Gr Master Men
	155	44	353	MM	Vernon	Rudman	04.51.20	Master Men
	156	15	642	SM	N C	Lambrechts	04.51.58	Senior Men
	157	16	541	SM	Marinus	Louw	04.52.05	Senior Men
	158	17	567	SM	David	Stephens	04.52.06	Senior Men
	159	45	344	MM	Hermias	Nieuwoudt	04.54.00	Master Men
	160	18	366	SM	Stephan	Van Der Westhuizen	04.54.01	Senior Men
	161	48	367	VM	Dawie	Van Deventer	04.55.54	Veteran Men
	162	49	525	VM	Edwin	Hendricks	04.56.21	Veteran Men
	163	50	661	VM	Gerrit	Nieuwoudt	04.57.28	Veteran Men
	164	51	566	VM	Braam	Steenkamp	04.58.13	Veteran Men
	165	46	648	MM	Johan	Lochner	04.58.36	Master Men

Group	Pos All	Pos Cat	No	Cat	First Name	Last Name	Time	Category
	166	47	324	MM	Paul	Kearns	04.58.56	Master Men
	167	33	417	SV	Francois	De Wit	04.59.04	Sub Vet Men
	168	34	604	SV	Erik	Bartmann	04.59.17	Sub Vet Men
	169	48	504	MM	Theuns	Burger	04.59.26	Master Men
	170	35	328	SV	Gareth	Kuun	04.59.27	Sub Vet Men
	171	36	146	SV	Danie	La Grange	04.59.56	Sub Vet Men
	172	37	510	SV	Andries	De Jongh	05.00.09	Sub Vet Men
	173	52	225	VM	Anton	Strydom	05.00.16	Veteran Men
	174	38	655	SV	W P	Moolman	05.00.56	Sub Vet Men
	175	39	676	SV	Jaco	Swanepoel	05.00.57	Sub Vet Men
	176	40	656	SV	Stephan	Mostert	05.00.57	Sub Vet Men
	177	49	116	MM	Werner	De Bruin	05.01.02	Master Men
	178	50	637	MM	Don	Kennett	05.01.21	Master Men
	179	51	377	MM	Kevin	Wilson	05.01.34	Master Men
	180	52	663	MM	Ian	O'Connell	05.02.29	Master Men
	181	53	118	VM	Frederick	De Villiers	05.02.36	Veteran Men
	182	53	142	MM	Stephen	Kriel	05.02.37	Master Men
	183	19	171	GM	Thomas	Potgieter	05.02.38	Gr Master Men
	184	54	634	MM	Nowlan	Jones	05.02.53	Master Men
	185	55	531	MM	Perie	Kemp	05.03.27	Master Men
	186	56	560	MM	Roelof	Prins	05.03.27	Master Men
	187	41	343	SV	Martin	Nelson	05.03.31	Sub Vet Men
	188	54	415	VM	Michal	Dabrowski	05.04.46	Veteran Men
	189	55	548	VM	Nigel	Mercuur	05.05.40	Veteran Men
	190	57	321	MM	Riaan	Jacobs	05.05.42	Master Men
	191	42	572	SV	Charl	Van Der Westhuizen	05.05.46	Sub Vet Men
	192	58	598	MM	J J	Richter	05.06.06	Master Men
	193	43	348	SV	Chris	Olivier	05.07.13	Sub Vet Men
	194	20	686	GM	Johan	Victor	05.07.14	Gr Master Men
	195	59	523	MM	Chris	Harper	05.07.14	Master Men
	196	21	694	GM	Christian	Vancoillie	05.07.20	Gr Master Men
	197	22	306	GM	Koos	Botha	05.07.37	Gr Master Men
	198	23	550	GM	Altes	Muller	05.07.54	Gr Master Men
	199	24	150	GM	Kobus	Lategan	05.09.08	Gr Master Men
	200	56	462	VM	Cornelius	Thiart	05.09.25	Veteran Men
	201	60	434	MM	Stanley	James	05.09.25	Master Men
	202	61	443	MM	Leon	Kroucamp	05.09.26	Master Men
	203	44	311	SV	Pieter	Dixon	05.09.48	Sub Vet Men
	204	57	643	VM	Dewet	Lategan	05.11.23	Veteran Men
	205	58	691	VM	Steve	White	05.11.24	Veteran Men
	206	45	466	SV	Jamie	Van Wyk	05.11.29	Sub Vet Men

Group	Pos All	Pos Cat	No	Cat	First Name	Last Name	Time	Category
	207	59	545	VM	Russell	Mattheus	05.12.21	Veteran Men
	208	25	315	GM	Jacques	Geldenhuis	05.12.38	Gr Master Men
	209	46	119	SV	C P	Du Plessis	05.12.38	Sub Vet Men
	210	47	360	SV	Dirk	Thiart	05.12.51	Sub Vet Men
	211	60	697	VM	Nicolaas	Louw	05.13.52	Veteran Men
	212	48	677	SV	Junior	Tredoux	05.14.07	Sub Vet Men
	213	49	601	SV	Bennie	Avenant	05.14.10	Sub Vet Men
	214	50	427	SV	Rick	Hambridge	05.14.31	Sub Vet Men
	215	61	616	VM	Kelvin	Carolus	05.14.36	Veteran Men
	216	19	515	SM	Martin	Du Plessis	05.17.10	Senior Men
	217	26	538	GM	Tinus	Le Roux	05.17.51	Gr Master Men
	218	62	673	VM	Carl	Slambert	05.18.43	Veteran Men
	219	63	120	VM	Jaco	Du Toit	05.19.06	Veteran Men
	220	64	614	VM	Terence	Brown	05.19.51	Veteran Men
	221	65	553	VM	Lerina	Nel	05.19.58	Veteran Men
	222	62	556	MM	Barend	Pasques	05.19.58	Master Men
	223	51	626	SV	Juan	Ferreira	05.20.13	Sub Vet Men
	224	52	107	SV	Theo	Botha	05.20.24	Sub Vet Men
	225	63	549	MM	Gerhard	Meyer	05.20.35	Master Men
	226	20	435	SM	Harm	Janse Van Rensburg	05.21.06	Senior Men
	227	64	419	MM	Craig	Donald	05.21.08	Master Men
	228	66	632	VM	Werner	Human	05.21.20	Veteran Men
	229	21	444	SM	Rossouw	Landman	05.22.12	Senior Men
	230	53	302	SV	Stefano	Aracena	05.22.16	Sub Vet Men
	231	27	595	GM	Andre	Cilliers	05.24.25	Gr Master Men
	232	54	542	SV	Piet	Louw	05.25.20	Sub Vet Men
	233	67	664	VM	Craig	Pohlmann	05.28.02	Veteran Men
	234	55	455	SV	Kurt	Paulse	05.28.23	Sub Vet Men
	235	68	433	VM	Brink	Human	05.28.24	Veteran Men
	236	56	644	SV	Tiaan	Laubscher	05.30.15	Sub Vet Men
	237	57	478	SV	Therlo	Wilsnach	05.31.45	Sub Vet Men
	238	65	684	MM	Solms	Van Niekerk	05.31.48	Master Men
	239	58	587	SV	Shaun	Liddle	05.34.48	Sub Vet Men
	240	59	586	SV	Johan	Vosloo	05.34.48	Sub Vet Men
	241	69	448	VM	Marchello	Melando	05.36.17	Veteran Men
	242	66	619	MM	Marthinus	De Swardt	05.36.18	Master Men
	243	60	645	SV	Grant	Leonard	05.36.31	Sub Vet Men
	244	28	646	GM	Trevor	Leonard	05.36.33	Gr Master Men
	245	67	507	MM	Evert	Carstens	05.38.15	Master Men
	246	70	437	VM	Werner	Keizer	05.38.16	Veteran Men
	247	71	319	VM	Stephen	Hoarau	05.38.18	Veteran Men

Group	Pos All	Pos Cat	No	Cat	First Name	Last Name	Time	Category
	248	72	364	VM	Waldo	Van Der Linde	05.38.46	Veteran Men
	249	29	537	GM	Nicolaas	Le Roux	05.41.21	Gr Master Men
	250	73	557	VM	Denzil	Pohlmann	05.41.37	Veteran Men
	251	61	356	SV	Pieter	Smit	05.42.01	Sub Vet Men
	252	74	418	VM	Peet	Diedericks	05.43.09	Veteran Men
	253	62	441	SV	Heyno	Kraft	05.43.12	Sub Vet Men
	254	30	658	GM	Ian	Mouton	05.43.30	Gr Master Men
	255	75	565	VM	Drikus	Smit	05.43.52	Veteran Men
	256	68	639	MM	Johan	Kruger	05.46.20	Master Men
	257	31	503	GM	George	Botha	05.46.36	Gr Master Men
	258	76	195	VM	Hennie	Vivier	05.46.36	Veteran Men
	259	69	426	MM	Donald	Griffiths	05.47.52	Master Men
	260	63	630	SV	Joylyon	Goeieman	05.51.40	Sub Vet Men
	261	64	627	SV	Christo	Filander	05.51.41	Sub Vet Men
	262	32	237	GM	Andrew	Stekhoven	05.52.06	Gr Master Men
	263	77	685	VM	Derick	Vermeulen	05.53.22	Veteran Men
	264	65	573	SV	Lourens	Van Deventer	05.53.24	Sub Vet Men
	265	78	530	VM	Waldo	Kellerman	05.53.26	Veteran Men
	266	79	528	VM	Vivien	Jonck	05.53.27	Veteran Men
	267	22	239	SM	Erns	Labuschagne	05.54.10	Senior Men
	268	70	623	MM	Melvin	Edwards	06.00.39	Master Men
	269	80	600	VM	Quinton	Anthony	06.00.40	Veteran Men
	270	33	208	GM	Leon	Dykman	06.01.45	Gr Master Men
	271	34	688	GM	Charles	Visser	06.09.16	Gr Master Men
	272	35	468	GM	Martin	Van Zyl	06.12.47	Gr Master Men
	273	81	672	VM	Ruhan	Slabbert	06.12.48	Veteran Men
	274	82	668	VM	Ian	Scott	06.14.54	Veteran Men
	275	36	126	GM	Gerrie	Evert	06.30.08	Gr Master Men
	276	37	165	GM	Angus	Nel	06.33.52	Gr Master Men
	277	38	659	GM	Dolf	Nel	06.40.39	Gr Master Men
	278	83	575	VM	Rossouw	Van Niekerk	06.41.23	Veteran Men
	279	71	471	MM	S C	Vijoen	06.42.45	Master Men
	280	66	683	SV	Carel	Van Niekerk	06.45.00	Sub Vet Men
	281	39	402	GM	Michael	Allan	06.45.07	Gr Master Men
	282	72	403	MM	Nazmie	Anthony	06.45.09	Master Men
	283	73	617	MM	Joubert	Cilliers	06.45.32	Master Men
	284	23	404	SM	Lourens	Bester	06.50.25	Senior Men
	285	24	610	SM	Alex	Blaker	06.57.59	Senior Men
	286	84	625	VM	Llewellyn	Faro	07.38.16	Veteran Men
Group	Pos All	Pos Cat	No	Cat	First Name	Last Name	Time	Category
ALLCOMERS M & F	1	1	230	SV	Theuns	Van Der Bank	03.12.07	Sub Vet Men

Group	Pos All	Pos Cat	No	Cat	First Name	Last Name	Time	Category
	2	1	100	VM	David	Garrett	03.15.25	Veteran Men
	3	2	185	VM	Andreas	Studer	03.15.26	Veteran Men
	4	1	223	SM	Luca	Stermin	03.21.45	Senior Men
	5	3	218	VM	J N	Smit	03.25.20	Veteran Men
	6	4	163	VM	Alan	Mcbride	03.25.20	Veteran Men
	7	1	135	MM	Karl	Jansen Van Rensburg	03.25.21	Master Men
	8	5	588	VM	Jan	Goosen	03.26.55	Veteran Men
	9	2	593	SM	Sebastian	Strauss	03.27.03	Senior Men
	10	2	224	MM	Riccardo	Stermin	03.31.47	Master Men
	11	6	123	VM	Willem	Du Toit	03.32.15	Veteran Men
	12	3	180	MM	Riaan	Smit	03.38.56	Master Men
	13	7	175	VM	Fietie	Rocher	03.38.57	Veteran Men
	14	2	115	SV	Andrew	Coetzee	03.38.58	Sub Vet Men
	15	8	112	VM	Marius	Carstens	03.38.58	Veteran Men
	16	9	111	VM	Jacques	Carstens	03.38.58	Veteran Men
	17	1	200	SW	Marzahn	Theart	03.39.06	Senior Women
	18	4	182	MM	Stef	Stephan	03.46.52	Master Men
	19	3	216	SV	Sebastian	Rosochacki	03.46.56	Sub Vet Men
	20	10	197	VM	Stefan	Van Wyk	03.47.51	Veteran Men
	21	11	122	VM	Riaan	Du Toit	03.48.30	Veteran Men
	22	2	168	SW	Catherine	Pellow-Jarman	03.48.30	Senior Women
	23	12	178	VM	Doron	Shmaryahu	03.48.31	Veteran Men
	24	13	139	VM	Arno	Kock	03.48.31	Veteran Men
	25	3	181	SM	Tiaan	Steenkamp	03.49.24	Senior Men
	26	1	140	VW	Martha	Koekemoer	03.50.57	Veteran Women
	27	5	141	MM	Pieter	Kotze	03.50.58	Master Men
	28	14	546	VM	Daniel	Meintjes	03.52.56	Veteran Men
	29	4	512	SV	Daniël	Dempers	03.54.17	Sub Vet Men
	30	5	133	SV	Stephan	Hertz	03.54.32	Sub Vet Men
	31	1	578	GM	Billy	Zwiegers	03.55.26	Gr Master Men
	32	6	569	MM	Christo	Truter	03.55.28	Master Men
	33	15	529	VM	Hanno	Jordaan	03.55.32	Veteran Men
	34	16	349	VM	Le Roux	Rossouw	03.55.50	Veteran Men
	35	4	238	SM	Lorenzo	Koopman	03.56.20	Senior Men
	36	7	447	MM	Heine	Mathee	03.56.29	Master Men
	37	6	113	SV	Wiaan	Carstens	03.57.49	Sub Vet Men
	38	8	191	MM	Carlof	Van Der Merwe	03.57.51	Master Men
	39	1	414	SX	Maretha	Combrink	03.58.43	Sub Vet Women
	40	7	413	SV	Riaan	Combrinck	03.58.43	Sub Vet Men
	41	8	157	SV	David	Marais	04.00.14	Sub Vet Men
	42	17	179	VM	Francois	Siebrits	04.00.25	Veteran Men

Group	Pos All	Pos Cat	No	Cat	First Name	Last Name	Time	Category
	43	9	161	MM	Jurie	Mathee	04.01.28	Master Men
	44	18	148	VM	Roy	Laing	04.02.57	Veteran Men
	45	5	188	SM	Matthew	Turner	04.02.57	Senior Men
	46	2	235	GM	Brian	Ireland	04.03.28	Gr Master Men
	47	3	596	GM	Carlo	Miari-Fulus	04.03.54	Gr Master Men
	48	2	143	SX	Annemie	Kruger	04.04.29	Sub Vet Women
	49	19	365	VM	Jaco	Van Der Merwe	04.04.59	Veteran Men
	50	10	330	MM	Jaco	Liebenberg	04.05.00	Master Men
	51	20	144	VM	Gerhard	Kruger	04.05.31	Veteran Men
	52	2	145	VW	Junita	Kruger	04.05.32	Veteran Women
	53	21	211	VM	Paul	Larson	04.05.34	Veteran Men
	54	1	184	MW	Desiree	Strydom	04.07.49	Master Women
	55	22	517	VM	Johan	Elliott	04.08.01	Veteran Men
	56	4	117	GM	Guy	De Cafmeyer	04.08.55	Gr Master Men
	57	9	591	SV	Jurgens	Brand	04.10.31	Sub Vet Men
	58	11	217	MM	Trevor	Seinen	04.12.11	Master Men
	59	23	207	VM	John	De Bruyn	04.12.12	Veteran Men
	60	3	236	VW	Andrea	Turkovic	04.12.35	Veteran Women
	61	6	134	SM	Johann	Heynemann	04.13.00	Junior Men
	62	4	210	VW	Jeanette	Kruger-Hibbins	04.13.02	Veteran Women
	63	10	457	SV	Walter	Ritson	04.13.43	Sub Vet Men
	64	12	519	MM	Renier	Erasmus	04.13.47	Master Men
	65	7	527	SM	Ewan	Hickling	04.13.59	Senior Men
	66	13	547	MM	Rob	Meintjes	04.13.59	Master Men
	67	5	458	GM	Nigel	Shannon	04.14.16	Gr Master Men
	68	14	522	MM	Philip	Grutter	04.14.18	Master Men
	69	6	597	GM	Carl	Von During	04.14.21	Gr Master Men
	70	11	137	SV	Daan	Kemp	04.14.29	Sub Vet Men
	71	12	109	SV	Hendrik	Bruwer	04.14.30	Sub Vet Men
	72	7	314	GM	Duncan	Galloway	04.14.52	Gr Master Men
	73	15	506	MM	Mark	Button	04.14.52	Master Men
	74	16	479	MM	Malan	Wykerd	04.14.52	Master Men
	75	24	469	VM	Andre	Vancoillie	04.15.19	Veteran Men
	76	8	633	GM	Christiaan	Janse Van Rensburg	04.16.47	Gr Master Men
	77	17	501	MM	Jerry	Aries	04.16.51	Master Men
	78	13	559	SV	Matthew	Pretorius	04.17.58	Sub Vet Men
	79	14	590	SV	Andre	Serfontein	04.19.07	Sub Vet Men
	80	25	526	VM	Riaan	Hendrikse	04.19.09	Veteran Men
	81	9	580	GM	Mimmo	Cutino	04.19.10	Gr Master Men
	82	15	172	SV	Piet	Rex	04.19.17	Sub Vet Men
	83	18	187	MM	Fabrizio	Trentini	04.20.15	Master Men

Group	Pos All	Pos Cat	No	Cat	First Name	Last Name	Time	Category
	84	5	177	VW	Lani	Schenck Mostert	04.20.17	Veteran Women
	85	8	155	SM	Vincent	Louw	04.20.18	Senior Men
	86	19	410	MM	Lee	Canham	04.20.46	Master Men
	87	20	474	MM	Digby	Webb	04.20.47	Master Men
	88	21	127	MM	Kobus	Fortuin	04.21.53	Master Men
	89	22	183	MM	Jannie	Steyn	04.21.55	Master Men
	90	6	151	VW	Nicola	Laubscher	04.21.56	Veteran Women
	91	26	327	VM	Morne	Kruger	04.22.27	Veteran Men
	92	27	125	VM	Johann	Erasmus	04.22.40	Veteran Men
	93	28	162	VM	Hendrik	Matthews	04.23.14	Veteran Men
	94	29	114	VM	Jacques	Casteling	04.23.14	Veteran Men
	95	30	513	VM	Johann	Diener	04.23.25	Veteran Men
	96	10	373	GM	Banna	Van Der Merwe	04.23.47	Gr Master Men
	97	23	574	MM	Daniel	Van Graan	04.24.20	Master Men
	98	9	583	SM	Lourens	Du Plessis	04.24.22	
	99	31	108	VM	Jaco	Brand	04.24.48	Veteran Men
	100	32	128	VM	Charl	Fouche	04.24.49	Veteran Men
	101	33	562	VM	Willem	Rheeder	04.25.28	Veteran Men
	102	3	465	SX	Alana	Van Eeden	04.25.30	Sub Vet Women
	103	7	212	VW	Roelien	Lourens	04.25.33	Veteran Women
	104	4	534	SX	Martine	Kriel	04.25.54	Sub Vet Women
	105	24	696	MM	Andre	Brand	04.26.20	Master Men
	106	25	699	MM	E P	Van Niekerk	04.26.23	Master Men
	107	16	371	SV	Hennis	Van Zyl	04.26.58	Sub Vet Men
	108	17	405	SV	Schalk	Bester	04.26.58	Sub Vet Men
	109	18	158	SV	Nico	Marais	04.27.15	Sub Vet Men
	110	19	152	SV	Pieter	Laubscher	04.27.18	Sub Vet Men
	111	34	170	VM	Andre	Potas	04.27.28	Veteran Men
	112	20	500	SV	Franswin	Adams	04.27.40	Sub Vet Men
	113	10	436	SM	Peter-John	Julies	04.27.40	Senior Men
	114	5	132	SX	Chanel	Hannah Fourie	04.28.44	Sub Vet Women
	115	26	599	MM	Lyndon	Arendse	04.29.24	Master Men
	116	27	612	MM	Jaco	Bosman	04.29.46	Master Men
	117	28	505	MM	Tony	Buteux	04.30.21	Master Men
	118	2	409	MW	Sharlene	Brink	04.30.22	Master Women
	119	29	408	MM	Roelof	Brink	04.30.23	Master Men
	120	21	341	SV	Charl	Mussmann	04.31.23	Sub Vet Men
	121	22	511	SV	Adriano	De Sousa	04.31.32	Sub Vet Men
	122	35	592	VM	Wouter	Strauss	04.31.38	Veteran Men
	123	23	131	SV	Petri	Hanekom	04.31.50	Sub Vet Men
	124	30	378	MM	Hermanus	Zandberg	04.32.52	Master Men

Group	Pos All	Pos Cat	No	Cat	First Name	Last Name	Time	Category
	125	31	540	MM	Martin	Lourens	04.33.11	Master Men
	126	36	352	VM	Wimpie	Rossouw	04.33.50	Veteran Men
	127	37	307	VM	Neil	Botha	04.33.54	Veteran Men
	128	38	509	VM	Matthew	Cooke	04.34.15	Veteran Men
	129	39	130	VM	Chris	Grobbelaar	04.34.48	Veteran Men
	130	24	164	SV	Erasmus	Mouton	04.34.50	Sub Vet Men
	131	32	193	MM	Elvin	Van Zyl	04.34.54	Master Men
	132	40	124	VM	Andre	Enslin	04.35.01	Veteran Men
	133	11	234	GM	Hennie	Wiid	04.35.10	Gr Master Men
	134	41	539	VM	Jacobus	Liebenberg	04.35.12	Veteran Men
	135	25	594	SV	Ben	La Grange	04.35.14	Sub Vet Men
	136	42	524	VM	Craig	Harris	04.36.16	Veteran Men
	137	26	461	SV	Petrus	Theart	04.36.17	Sub Vet Men
	138	12	533	GM	James	King	04.36.31	Gr Master Men
	139	33	318	MM	Christo	Hancke	04.37.25	Master Men
	140	43	423	VM	Jaen	Fouche	04.38.13	Veteran Men
	141	34	169	MM	Phillip	Pieters	04.38.47	Master Men
	142	1	213	GW	Jean	Reynolds	04.39.20	Gr Master Women
	143	35	229	MM	Colin	Van Aswegen	04.39.21	Master Men
	144	3	233	MW	Ronel	Venter	04.39.22	Master Women
	145	13	214	GM	Kenneth	Reynolds	04.39.23	Gr Master Men
	146	27	346	SV	Mannes	Nijeboer	04.40.01	Sub Vet Men
	147	11	584	SM	Joseph	Robane	04.40.04	
	148	4	231	MW	Corne	Van Graan	04.40.23	Master Women
	149	36	166	MM	Mike	Nuttall	04.40.28	Master Men
	150	44	563	VM	Carel	Smit	04.40.32	Veteran Men
	151	5	589	MW	Liefie	Van Wyk	04.41.22	Master Women
	152	28	333	SV	Carel	Ludeke	04.41.47	Sub Vet Men
	153	29	173	SV	Steve	Riley	04.42.10	Sub Vet Men
	154	8	581	VW	Shanida	Labuschagne	04.42.11	Veteran Women
	155	14	554	GM	Loch	Nel	04.43.24	Gr Master Men
	156	37	543	MM	Carl	Malherbe	04.43.26	Master Men
	157	6	369	SX	Kim	Van Deventer	04.43.37	Sub Vet Women
	158	30	463	SV	Burger	Valentin	04.43.38	Sub Vet Men
	159	9	667	VW	Ina	Rousseau	04.43.52	Veteran Women
	160	38	606	MM	Gavin	Beckett	04.44.28	Master Men
	161	31	675	SV	Theon	Smit	04.44.40	Sub Vet Men
	162	32	585	SV	Reinier	Drotskie	04.44.42	Sub Vet Men
	163	6	653	MW	Marietha	Maritz	04.44.42	Master Women
	164	39	576	MM	Christiaan	Van Wyk	04.45.11	Master Men
	165	40	698	MM	Damian	De Villiers	04.45.12	Master Men

Group	Pos All	Pos Cat	No	Cat	First Name	Last Name	Time	Category
	166	45	460	VM	Graeme	Takis	04.45.37	Veteran Men
	167	41	325	MM	Fred	Kriel	04.45.38	Master Men
	168	46	313	VM	Jannie	Du Toit	04.45.40	Veteran Men
	169	15	695	GM	Petrus	Smidt	04.45.41	Gr Master Men
	170	42	340	MM	Johan	Muller	04.45.42	Master Men
	171	7	339	MW	Hannelie	Muller	04.45.43	Master Women
	172	12	551	SM	Drikus	Muller	04.46.48	Senior Men
	173	16	638	GM	Richard	Key	04.47.43	Gr Master Men
	174	13	400	SM	Geandrie	Agenbag	04.49.00	Senior Men
	175	47	470	VM	Keith	Vienings	04.49.42	Veteran Men
	176	7	190	SX	Suzaan	Van Biljon	04.49.44	Sub Vet Women
	177	8	176	SX	Madelief	Roux	04.49.45	Sub Vet Women
	178	14	199	SM	Ruan	Koortzen	04.50.46	Senior Men
	179	43	198	MM	Gideon	Koortzen	04.50.47	Master Men
	180	17	446	GM	Bruce	Macdonald	04.50.51	Gr Master Men
	181	18	502	GM	Pieter	Bezuidenhout	04.50.55	Gr Master Men
	182	44	353	MM	Vernon	Rudman	04.51.20	Master Men
	183	10	375	VW	Liza	Vivier	04.51.20	Veteran Women
	184	15	642	SM	N C	Lambrechts	04.51.58	Senior Men
	185	16	541	SM	Marinus	Louw	04.52.05	Senior Men
	186	3	568	SW	Solane	Stephens	04.52.06	Senior Women
	187	17	567	SM	David	Stephens	04.52.06	Senior Men
	188	45	344	MM	Hermias	Nieuwoudt	04.54.00	Master Men
	189	18	366	SM	Stephan	Van Der Westhuizen	04.54.01	Senior Men
	190	48	367	VM	Dawie	Van Deventer	04.55.54	Veteran Men
	191	9	368	SX	Hesmari	Van Deventer	04.55.54	Sub Vet Women
	192	49	525	VM	Edwin	Hendricks	04.56.21	Veteran Men
	193	50	661	VM	Gerrit	Nieuwoudt	04.57.28	Veteran Men
	194	51	566	VM	Braam	Steenkamp	04.58.13	Veteran Men
	195	46	648	MM	Johan	Lochner	04.58.36	Master Men
	196	47	324	MM	Paul	Kearns	04.58.56	Master Men
	197	33	417	SV	Francois	De Wit	04.59.04	Sub Vet Men
	198	34	604	SV	Erik	Bartmann	04.59.17	Sub Vet Men
	199	48	504	MM	Theuns	Burger	04.59.26	Master Men
	200	35	328	SV	Gareth	Kuun	04.59.27	Sub Vet Men
	201	36	146	SV	Danie	La Grange	04.59.56	Sub Vet Men
	202	37	510	SV	Andries	De Jongh	05.00.09	Sub Vet Men
	203	11	228	VW	Carol	Theron	05.00.16	Veteran Women
	204	52	225	VM	Anton	Strydom	05.00.16	Veteran Men
	205	8	206	MW	Louzanne	Cilliers	05.00.17	Master Women
	206	38	655	SV	W P	Moolman	05.00.56	Sub Vet Men

Group	Pos All	Pos Cat	No	Cat	First Name	Last Name	Time	Category
	207	39	676	SV	Jaco	Swanepoel	05.00.57	Sub Vet Men
	208	40	656	SV	Stephan	Mostert	05.00.57	Sub Vet Men
	209	49	116	MM	Werner	De Bruin	05.01.02	Master Men
	210	50	637	MM	Don	Kennett	05.01.21	Master Men
	211	51	377	MM	Kevin	Wilson	05.01.34	Master Men
	212	52	663	MM	Ian	O'Connell	05.02.29	Master Men
	213	53	118	VM	Frederick	De Villiers	05.02.36	Veteran Men
	214	53	142	MM	Stephen	Kriel	05.02.37	Master Men
	215	19	171	GM	Thomas	Potgieter	05.02.38	Gr Master Men
	216	12	129	VW	Elani	Greyvenstein	05.02.40	Veteran Women
	217	54	634	MM	Nowlan	Jones	05.02.53	Master Men
	218	55	531	MM	Perie	Kemp	05.03.27	Master Men
	219	56	560	MM	Roelof	Prins	05.03.27	Master Men
	220	41	343	SV	Martin	Nelson	05.03.31	Sub Vet Men
	221	54	415	VM	Michal	Dabrowski	05.04.46	Veteran Men
	222	55	548	VM	Nigel	Mercur	05.05.40	Veteran Men
	223	57	321	MM	Riaan	Jacobs	05.05.42	Master Men
	224	42	572	SV	Charl	Van Der Westhuizen	05.05.46	Sub Vet Men
	225	58	598	MM	J J	Richter	05.06.06	Master Men
	226	10	605	SX	Maryke	Bartmann	05.06.33	Sub Vet Women
	227	13	215	VW	Desere	Ribbens	05.06.55	Veteran Women
	228	11	649	SX	Karen	Lottering	05.07.13	Sub Vet Women
	229	43	348	SV	Chris	Olivier	05.07.13	Sub Vet Men
	230	20	686	GM	Johan	Victor	05.07.14	Gr Master Men
	231	59	523	MM	Chris	Harper	05.07.14	Master Men
	232	21	694	GM	Christian	Vancoillie	05.07.20	Gr Master Men
	233	22	306	GM	Koos	Botha	05.07.37	Gr Master Men
	234	23	550	GM	Altes	Muller	05.07.54	Gr Master Men
	235	24	150	GM	Kobus	Lategan	05.09.08	Gr Master Men
	236	56	462	VM	Cornelius	Thiart	05.09.25	Veteran Men
	237	60	434	MM	Stanley	James	05.09.25	Master Men
	238	61	443	MM	Leon	Kroucamp	05.09.26	Master Men
	239	4	312	SW	Suzanne	Dixon	05.09.47	Senior Women
	240	44	311	SV	Pieter	Dixon	05.09.48	Sub Vet Men
	241	14	359	VW	Louise	Swart	05.09.49	Veteran Women
	242	9	603	MW	Marianne	Badenhorst	05.09.50	Master Women
	243	57	643	VM	Dewet	Lategan	05.11.23	Veteran Men
	244	58	691	VM	Steve	White	05.11.24	Veteran Men
	245	45	466	SV	Jamie	Van Wyk	05.11.29	Sub Vet Men
	246	15	149	VW	Annette	Lategan	05.11.47	Veteran Women
	247	59	545	VM	Russell	Mattheus	05.12.21	Veteran Men

Group	Pos All	Pos Cat	No	Cat	First Name	Last Name	Time	Category
	248	12	561	SX	Ina-Marie	Prinsloo	05.12.21	Sub Vet Women
	249	25	315	GM	Jacques	Geldenhuis	05.12.38	Gr Master Men
	250	46	119	SV	C P	Du Plessis	05.12.38	Sub Vet Men
	251	2	316	GW	Lucrezia	Geldenhuis	05.12.39	Gr Master Women
	252	47	360	SV	Dirk	Thiart	05.12.51	Sub Vet Men
	253	60	697	VM	Nicolaas	Louw	05.13.52	Veteran Men
	254	48	677	SV	Junior	Tredoux	05.14.07	Sub Vet Men
	255	13	602	SX	Charmaine	Avenant	05.14.09	Sub Vet Women
	256	49	601	SV	Bennie	Avenant	05.14.10	Sub Vet Men
	257	50	427	SV	Rick	Hambridge	05.14.31	Sub Vet Men
	258	61	616	VM	Kelvin	Carolus	05.14.36	Veteran Men
	259	3	657	GW	Gerda	Mouton	05.15.25	Gr Master Women
	260	16	636	VW	Karen	Keet	05.16.40	Veteran Women
	261	17	669	VW	Liezl	Siebrits	05.16.41	Veteran Women
	262	10	514	MW	Martha	Du Plessis	05.17.10	Master Women
	263	19	515	SM	Martin	Du Plessis	05.17.10	Senior Men
	264	26	538	GM	Tinus	Le Roux	05.17.51	Gr Master Men
	265	18	577	VW	Mariska	Van Zyl	05.18.02	Veteran Women
	266	62	673	VM	Carl	Slambert	05.18.43	Veteran Men
	267	63	120	VM	Jaco	Du Toit	05.19.06	Veteran Men
	268	19	571	VW	Franette	Van Der Walt	05.19.19	Veteran Women
	269	64	614	VM	Terence	Brown	05.19.51	Veteran Men
	270	65	553	VM	Lerina	Nel	05.19.58	Veteran Men
	271	62	556	MM	Barend	Pasques	05.19.58	Master Men
	272	51	626	SV	Juan	Ferreira	05.20.13	Sub Vet Men
	273	52	107	SV	Theo	Botha	05.20.24	Sub Vet Men
	274	63	549	MM	Gerhard	Meyer	05.20.35	Master Men
	275	20	435	SM	Harm	Janse Van Rensburg	05.21.06	Senior Men
	276	64	419	MM	Craig	Donald	05.21.08	Master Men
	277	66	632	VM	Werner	Human	05.21.20	Veteran Men
	278	11	445	MW	Venetia	Landman	05.22.12	Master Women
	279	21	444	SM	Rossouw	Landman	05.22.12	Senior Men
	280	14	301	SX	Amalia	Aracena	05.22.16	Sub Vet Women
	281	53	302	SV	Stefano	Aracena	05.22.16	Sub Vet Men
	282	27	595	GM	Andre	Cilliers	05.24.25	Gr Master Men
	283	54	542	SV	Piet	Louw	05.25.20	Sub Vet Men
	284	20	635	VW	Rene	Janse Van Rensburg	05.25.25	Veteran Women
	285	67	664	VM	Craig	Pohlmann	05.28.02	Veteran Men
	286	55	455	SV	Kurt	Paulse	05.28.23	Sub Vet Men
	287	15	363	SX	Elzanne	Van Der Linde	05.28.24	Sub Vet Women
	288	68	433	VM	Brink	Human	05.28.24	Veteran Men

Group	Pos All	Pos Cat	No	Cat	First Name	Last Name	Time	Category
	289	56	644	SV	Tiaan	Laubscher	05.30.15	Sub Vet Men
	290	57	478	SV	Therlo	Wilsnach	05.31.45	Sub Vet Men
	291	65	684	MM	Solms	Van Niekerk	05.31.48	Master Men
	292	58	587	SV	Shaun	Liddle	05.34.48	Sub Vet Men
	293	59	586	SV	Johan	Vosloo	05.34.48	Sub Vet Men
	294	69	448	VM	Marchello	Melando	05.36.17	Veteran Men
	295	66	619	MM	Marthinus	De Swardt	05.36.18	Master Men
	296	60	645	SV	Grant	Leonard	05.36.31	Sub Vet Men
	297	28	646	GM	Trevor	Leonard	05.36.33	Gr Master Men
	298	16	508	SX	Jolande	Carstens	05.38.13	Sub Vet Women
	299	67	507	MM	Evert	Carstens	05.38.15	Master Men
	300	70	437	VM	Werner	Keizer	05.38.16	Veteran Men
	301	71	319	VM	Stephen	Hoarau	05.38.18	Veteran Men
	302	72	364	VM	Waldo	Van Der Linde	05.38.46	Veteran Men
	303	21	106	VW	Belinda	Bosch	05.39.17	Veteran Women
	304	29	537	GM	Nicolaas	Le Roux	05.41.21	Gr Master Men
	305	73	557	VM	Denzil	Pohlmann	05.41.37	Veteran Men
	306	61	356	SV	Pieter	Smit	05.42.01	Sub Vet Men
	307	74	418	VM	Peet	Diedericks	05.43.09	Veteran Men
	308	22	429	VW	Lindi	Harmsen	05.43.11	Veteran Women
	309	62	441	SV	Heyno	Kraft	05.43.12	Sub Vet Men
	310	17	442	SX	Irene	Kraft	05.43.13	Sub Vet Women
	311	30	658	GM	Ian	Mouton	05.43.30	Gr Master Men
	312	18	564	SX	Christel	Smit	05.43.49	Sub Vet Women
	313	75	565	VM	Drikus	Smit	05.43.52	Veteran Men
	314	68	639	MM	Johan	Kruger	05.46.20	Master Men
	315	31	503	GM	George	Botha	05.46.36	Gr Master Men
	316	76	195	VM	Hennie	Vivier	05.46.36	Veteran Men
	317	69	426	MM	Donald	Griffiths	05.47.52	Master Men
	318	12	520	MW	Teresa	Erasmus	05.49.33	Master Women
	319	4	555	GW	Bridget	O'Meara	05.49.52	Gr Master Women
	320	5	532	GW	Hans	King	05.49.53	Gr Master Women
	321	63	630	SV	Joylyon	Goeieman	05.51.40	Sub Vet Men
	322	64	627	SV	Christo	Filander	05.51.41	Sub Vet Men
	323	6	220	GW	Jennifer	Stekhoven	05.52.05	Gr Master Women
	324	32	237	GM	Andrew	Stekhoven	05.52.06	Gr Master Men
	325	77	685	VM	Derick	Vermeulen	05.53.22	Veteran Men
	326	65	573	SV	Lourens	Van Deventer	05.53.24	Sub Vet Men
	327	78	530	VM	Waldo	Kellerman	05.53.26	Veteran Men
	328	79	528	VM	Vivien	Jonck	05.53.27	Veteran Men
	329	22	239	SM	Erns	Labuschagne	05.54.10	Senior Men

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	330	5	136	SW	Carla	Jooste	05.54.11	Senior Women
	331	70	623	MM	Melvin	Edwards	06.00.39	Master Men
	332	80	600	VM	Quinton	Anthony	06.00.40	Veteran Men
	333	13	209	MW	Sariana	Dykman	06.01.45	Master Women
	334	33	208	GM	Leon	Dykman	06.01.45	Gr Master Men
	335	34	688	GM	Charles	Visser	06.09.16	Gr Master Men
	336	35	468	GM	Martin	Van Zyl	06.12.47	Gr Master Men
	337	7	424	GW	Marinda	Gelderblom	06.12.47	Gr Master Women
	338	81	672	VM	Ruhan	Slabbert	06.12.48	Veteran Men
	339	82	668	VM	Ian	Scott	06.14.54	Veteran Men
	340	14	608	MW	Merina	Beukes	06.28.51	Master Women
	341	36	126	GM	Gerrie	Evert	06.30.08	Gr Master Men
	342	37	165	GM	Angus	Nel	06.33.52	Gr Master Men
	343	15	110	MW	Linda	Burger	06.33.54	Master Women
	344	19	678	SX	Lune	Van Coller	06.40.37	Sub Vet Women
	345	38	659	GM	Dolf	Nel	06.40.39	Gr Master Men
	346	83	575	VM	Rossouw	Van Niekerk	06.41.23	Veteran Men
	347	71	471	MM	S C	Vijoen	06.42.45	Master Men
	348	16	620	MW	Desiree	Doran	06.44.59	Master Women
	349	66	683	SV	Carel	Van Niekerk	06.45.00	Sub Vet Men
	350	39	402	GM	Michael	Allan	06.45.07	Gr Master Men
	351	72	403	MM	Nazmie	Anthony	06.45.09	Master Men
	352	73	617	MM	Joubert	Cilliers	06.45.32	Master Men
	353	23	404	SM	Lourens	Bester	06.50.25	Senior Men
	354	20	692	SX	Astrid	Zsilavec	06.57.58	Sub Vet Women
	355	24	610	SM	Alex	Blaker	06.57.59	Senior Men
	356	6	611	SW	Jordan	Blaker	06.57.59	Senior Women
	357	21	372	SX	Marlize	Van Zyl	07.38.16	Sub Vet Women
	358	84	625	VM	Llewellyn	Faro	07.38.16	Veteran Men